

THE LOVERBOY

*Is he only using you?*

PORNOGRAPHY

*Is that love?*

SEXUAL ABUSE

*is a crime!*

A

CRIME

IN THE NAME

OF

LOVE

A booklet for teenagers, young adults and guardians

This booklet is about different forms of **DECEPTION**,  
that present themselves as **LOVE**.

Your **BOUNDARIES HAVE BEEN GROSSED**  
and you are not feeling comfortable with it anymore.

We want to uncover these lies  
together with you,

**STEP**

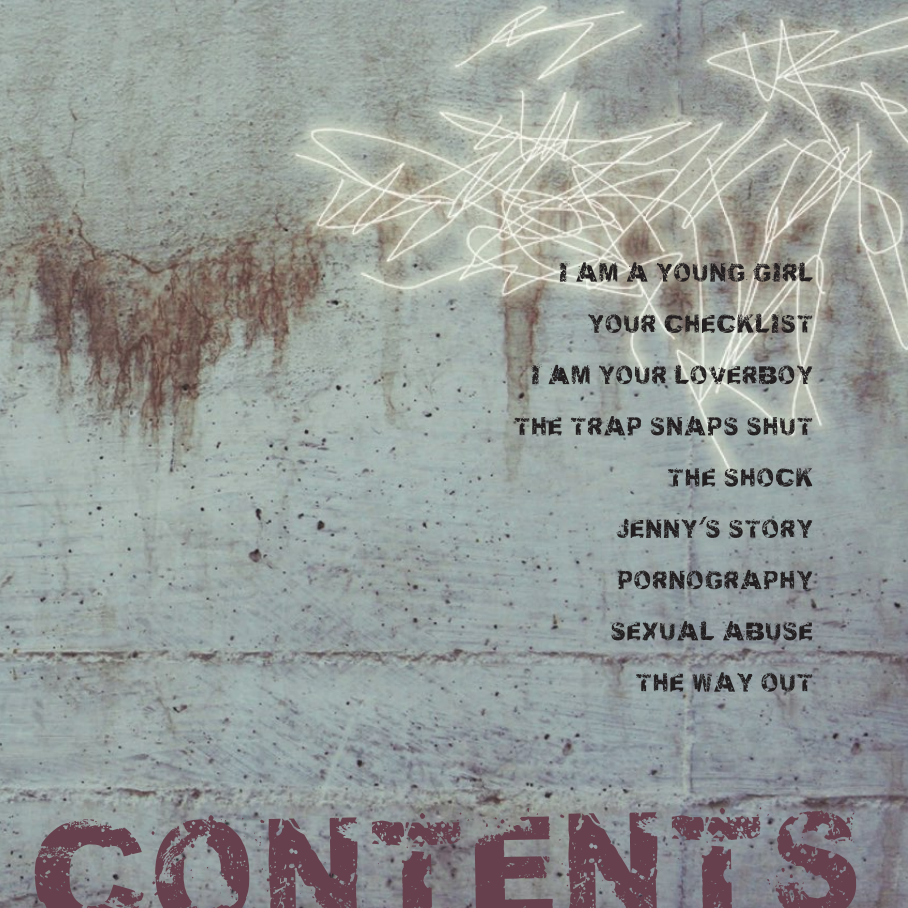
by

**STEP** revealing the truth.

You are worthy to be loved -  
No one is allowed to use you!



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Are you longing  
for attention?

Do you have the feeling your  
parents do not care about you?

They do not care and they do  
not have time for you?

Do you feel alone?

Did your  
parents  
get  
divorced  
recently?

Do you have  
problems in  
school?

Do you find your-  
self in a crisis?

Are you always comparing  
yourself with other girls?

Do you always find them  
prettier, more talented, and  
simply better than you?

Do you feel worthless?

AND

THEN

HE

COM

**HE** is a few years older than you,  
**HE** is handsome, and  
**HE** is interested in you.

The other girls are jealous!

**HE** gives you everything you have  
been longing for - love and attention!

**HE** loves and  
understands you.

**HE** is your  
first time!

I AM A

YOUNG GIRL

# YOUR CHECKLIST

☐

Does he talk badly about people you care about?

☐

Does he give you expensive gifts (a cell phone, jewelry, perfume...)?

☐

How did he make all that money?

☐

Is he jealous and controlling?

☐

Is it mostly about sex for him?

☐

Have you discovered him lying?

☐

Does he carry a weapon or does he take drugs?

☐

Have you heard from someone that he is in contact with these things?

☐

Does he own expensive things such as a nice car or gold?

☐

Does he want you to get a tattoo with his name?

☐

Does he take you to the red light district? Does he know any prostitutes?

☐

What kind of job does he really have?

☐

Does he give you lots of compliments?

☐

Can you talk to him about your feelings?

☐

How does he present you to his friends?  
Do you feel respected and comfortable?



I wait for you in front of your school, in bars, or on Facebook.

I am cool and I have beautiful eyes!

You do not need your parents of your so-called friends.

**I AM YOUR**

**LOVER BOY**

I am your „**TRUE LOVE**“.  
No one understands you the way I do.

I give you tons of gifts!

I „love“ you!

Maybe I am your first sexual contact.

I take over your thinking.

I am an expert of manipulation.

I am macho!

I shower you with compliments and whisper sweet things into your ear.

I have a high potential for violence, but that just happens from time to time, it is not my fault...

Maybe I have a nice car.

# THE TRAP SNAPS SHUT

He says that he owes money to someone, and if you just sleep with that man one time all his **DEBTS** would be covered.

This „one time“ gets recorded on video, and the clip is used afterwards to pressure and emotionally **BLACKMAIL** you. He threatens to show the clip to your parents.

He begs you to earn some quick money in **PROSTITUTION** for your future together. He says it is only for some time, then he will marry you and you will be a family,

Or he **RAPED** you and invited his friends to join him.

**HE** blames you. You deserved it.

**HE** gives you drugs.

**HE** threatens and controls you.

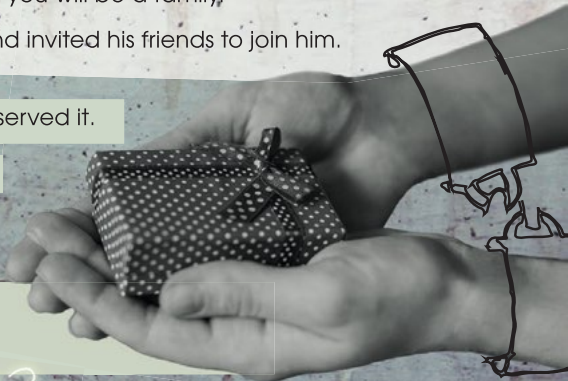
Afterwards **HE** is always nice to you again, and you get a present.

You are confused.

???

You have to please **HIM**.

That is why you would do anything for **HIM** - **ANYTHING!**





# THE SHOCK

You feel alone.

You think it is your **FAULT**.

You feel ashamed.

You are afraid, very much afraid!

You do not want to think about what is happening to you because it is disgusting and horrifying.

You feel dirty and you shower over and over again.

You feel insecure and hurt.

Maybe you start cutting yourself.

You feel guilty!

You feel **ALONE**, no one understand you!

You think you can never tell your parents what happened.

You are trapped!

You cannot feel your heart and soul anymore.

You are confused. You belong to him!

You think you cannot talk to anyone about this.

HE IS NOT YOUR

~~"TRUE LOVE"~~

HE ONLY WANTS TO

**USE YOU**

FOR HIS PURPOSE TO  
MAKE BIG MONEY.



# JENNY'S STORY

Hi...

I'm Jennifer. I'm 15 years old and I fell for a loveboy. When I met him he was really nice. He had beautiful eyes, I was crazy about him. We talked and eventually we exchanged phone numbers. We met often and in no time I had fallen madly in love with him. We started dating and he gave me what I had been longing for so badly: LOVE! - He gave me everything I needed. But after a little while he started being cold towards me, and I had to start fighting for his love. He trained me to not make any decisions on my own. I had to report to him all the time so that he would always know where I was. I didn't complain although I didn't like it at all. I was afraid that he would not want to see me anymore. A few weeks later he told me about his debts. I believed him and wanted to help. I was shocked when he suggested selling me to other men. He said I would only be allowed to see him if I was willing to prove my love to him by doing that. He told me that all these men were his friends and that it was normal for him to share everything with his friends. I didn't want to do it, and I told him. But then he started giving me drugs so I would do anything he wanted. This was the time when I really started being afraid of him. He started beating me. He hit me with his fists in the face and in my stomach.<sup>1</sup>



There are other areas in which someone  
or something can cross your boundaries,

for example


# PORNOGRAPHY

Pornography is used in the context of prostitution as well as in sexual abuse. Maybe you were forced to watch porn although you did not want to.

In school, with friends, at home with your parents, or on the Internet you came in contact with pornographic material for the first time. You thought it was disgusting, but it was somehow fascinating as well.

You **CANNOT GET RID OF THE IMAGES** in your head anymore, maybe you are even traumatized?

You withdraw from your boyfriend or girlfriend, you cannot stop masturbating and you need „fast food sex“.



After some time you are losing interest  
in „real“ sex and intimacy.

You need „more“ and you start looking for hardcore porn.

You are **ADDICTED**, addicted to porn!

You are losing control...

*A young man, who has been consuming porn on a regular basis for several years, now wants to stop in order to not lose his girlfriend. He realizes that stopping is harder than he thought. As he goes through withdrawal he starts sexualizing his environment and the people he gets in contact with. His imagination runs wild, countless images and movies imprinted in his brain come up, torture him for months, and urge him to watch porn. His symptoms, such as trembling, restlessness, and the difficulty to concentrate, are much like a person on drug withdrawal.*

*A twelve-year-old boy called Tom (name changed) from a good and healthy family starts „playing“ with his eight-year-old sister. He is „acting-out“ porn scenes with her that he secretly watched with friends, rapes her, and tells her to act like a porn actress. For two years the parents don't have any idea what is going on.<sup>2</sup>*

<sup>2</sup> <http://www.safersurfing.eu/>

• <http://www.nacktetatsachen.at/index.php?id=210>

# SEXUAL ABUSE

Was there something that happened to you? Maybe it is only a feeling, something you do not remember completely, or maybe some strange memories are coming back.

Often times it is someone you trusted who has crossed your boundaries and hurt you deeply! You liked and had faith in him.<sup>3</sup> Then it happened. Maybe you were still very small. It was disgusting and it hurt! Your world started falling apart; nothing stayed the same...

You cannot talk to anyone about this, not even with your parents or your friends.

You are swallowing all your pain. You cannot tell anyone, because otherwise something terrible might happen. He might hit your mom or your little sister or brother.

He told you: „**THIS IS OUR LITTLE SECRET!**“  
Maybe you always get a little present afterwards.

The worst part is that he is blaming you and tells you that you wanted it and deserved it.

This crime has been **ENGRAVED** on your soul.

<sup>3</sup> Everywhere „he“ or „him“ is written, can also indicate the feminine form



# USE

You feel dirty and disconnected from your own body. Your soul has **LOST ITS INNOCENCE**. Your body might have reacted and lied to you: **YOU WANTED IT!**

**BUT:** You were **DEPENDENT** on the perpetrator, you could not have done anything! You were terribly afraid! You were in danger!

You need something to numb your pain, so you cut yourself, you start taking drugs or you simply leave and run away! You go far, far away, hiding deep inside your soul!

You were only a child!

## A CHILD!



# THE WAY

If you feel like something mentioned in this booklet is about you or if you know anyone who is affected,

we want you to know: **THERE IS A WAY OUT!**

The first step is:

**BREAK THE SILENCE!**

It is **NOT** your fault!

You did **NOT** deserve it!

You do **NOT** have to feel ashamed because of it!


You are **NOT** responsible! And you are **NOT** alone!

You are a victim of a power-seeking, aggressive and sick person. You are the „survivor“ of a crime!

Maybe someone who was supposed to care for you, shamefully abused you.

You can take the first step now.

Break the silence! You deserve to live a good **LIFE!**

A close-up photograph of two hands clasped together in a supportive grip. The hands are positioned against a rough, textured, light-colored background. The lighting is soft, highlighting the skin tones and the texture of the background. The hands are the central focus, with one hand slightly behind the other, creating a sense of depth and connection.

There are people who understand you and believe what you say.

Do not worry if you mix things up, or if you have forgotten some of the details. We do not care if you can tell everything in the right order.

(Unfortunately) We do not have all the answers, but we will try to help you and give you the support that you need.

**NO MATTER**

if you are angry, sad, helpless, or afraid,

**WE ARE THERE FOR YOU!**

We want you to know:

**YOU ARE NOT ALONE!**

If any of these topics affect you, or if you have any questions or need help, please call one of the following numbers.

We are there for you!

**SABINE**  
**0676 8969 2203**

**ANNA**  
**0676 8969 2222**

**ANDREAS**  
**0676 8969 2201**

+ We offer individual counseling for the unique circumstances of each individual.

+ Our counseling is confidential.

+ You determine the direction.

+ We are there for you and will listen if you have experienced abuse.

+ We are well connected to other organizations in Austria and in other countries all over Europe. We can help you find a safe place.

**Diakonie** 



**HERZ  
WERK**

[www.herzwerk-wien.com](http://www.herzwerk-wien.com)  
Beheimgasse 1, 1170 Vienna  
[herzwerk.wien@gmail.com](mailto:herzwerk.wien@gmail.com)